

# VIDA HOLISTIC SPA PARTY

## HOW IT WORKS

- You choose a date – daytime or evening
- One of the Vida partners arranges to visit you at home to discuss your preferences, decide with you where the couches etc will be placed and leave you with invitations to send to your friends. This meeting usually takes around 30 minutes
- If food is requested it is ordered with a local delicatessen to be delivered on the day/evening
- You send the invitations to your friends (see sample invitation). The invitation contains a description of the treatments on offer and asks your friends to select a choice of 2 and RSVP to you
- Approx 10 -14 days before your party Vida will call you to get your final numbers, names of guests and their treatment choices. This enables us to make up your appointment schedule, ensure we have enough therapists booked for your event and finalise any catering requirements
- On the day Vida arrive approx one hour before your guests and set the scene... massage couches, reflexology chair, towels, essential oil burners and tea lights are put in place
- Your guests arrive and slip into a bathrobe provided by Vida. Appointment sheets are given out and there is a brief explanation of what happens during the event. Your guests will be asked to complete a short consultation form which is required for health and safety reasons and allows the therapist to advise on or adapt treatments in the case of any medical conditions.
- Your friends chill and chat and the treatments begin. Vida bring one therapist for every 3 guests and treatments are in 30 minute slots so no one waits longer than 1 hour for their treatment
- As an optional extra we can bring an additional person who will operate foot spas and give foot scrub or foot massage treatments to your guests while they are waiting for their chosen treatment – the cost of this is approx an additional £3 per guest
- If any of your guests would like additional treatments on the day they need to let you know in advance so that this can be worked into the appointment schedule eg. someone might want a full hour of aromatherapy massage plus 30 minutes holistic facial – each additional 30 minute treatment is charged at £15